FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL						
OMB Number:	3235-0287					
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Form 5 obligations may STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Riley	Address of Reporting Harold	Person E.	Issuer Name and Ticker or Trading Symbol Citizens, Inc. [CIA]	Relationship of Reporting Person(s) to Issuer
(Last) 400 East A	(First) nderson Lane	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 01/13/2017	Officer (give title below) Other (specify below)
(Street) Austin	TX	78752	4. If Amendment, Date Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person
(City)	(State)	(Zip)		Tom mod by word than one reporting relicon

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)			tion	4. Secur or Dispo (Instr. 3,	sed of ((Ď) ` ´	Transaction(s)	Ownership Form:	7. Nature of Indirect Beneficial Ownership (Instr. 4)
		(Month/Day/Year)	Code	V	Amount	(A) or (D)	Price	,	Direct (D) or Indirect (I) (Instr. 4)	
Citizens, Inc. Class A Common Stock	01/13/2017		G ⁽¹⁾		7,500	D	\$10.38	419,936	I	Spouse
Citizens, Inc. Class A Common Stock								2,011,704.0444	D	
Citizens, Inc. Class B Common Stock								1,001,714	I	Revocable Trust

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code	ion	of Deriva Secur Acqui (A) or Dispo (D) (Instr.	ative rities red sed of 3, 4,	6. Date Exer Expiration D (Month/Day/	ate	Amount of Underlying		Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported Transaction(s)	Derivative Security: Direct (D) or Indirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	and 5 (A)	(D)	Date Exercisable	Expiration Date		Amount or Number of Shares				

Explanation of Responses:

(1) Gift from spouse to family member.

/s/Harold E. Riley	01/13/2017
**Signature of Reporting Person	Date

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

^{*} If the form is filed by more than one reporting person, see Instruction 4(b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a). Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.